

The Resilience Project's 7th Annual Educational Summit

The Long Game: The Impact of Resilience and Relationships on Student and Educator Development

Thursday, August 25, 2022 | 9:00am - 2:00pm | Newton North High School, 457 Walnut Street, Newton, MA

Course Director

Elizabeth S. Booma, MD
Chief, Child and Adolescent Psychiatry,
Newton-Wellesley Hospital



Accreditation

In support of improving patient care, Mass General Brigham is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Credit Designation Statements:

AMA PRA Category 1 Credit™

Mass General Brigham designates this live activity for a maximum of 3.75 AMA PRA Category 1 Credit™.

Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses

Mass General Brigham designates this activity for 3.75 ANCC contact hours. Nurses should only claim credit commensurate with the extent of their participation in the activity.

Physician Assistants

Mass General Brigham has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 3.75 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.



Psychologists

Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs.

3.75 Continuing Education (CE) credits are awarded

Social Workers

As a Jointly Accredited Organization, Mass General Brigham is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Mass General Brigham maintains responsibility for this course. Social workers completing this course receive 3.75 continuing education credit.

Register Now!

<https://cpd.partners.org/content/resilience-project%E2%80%99s-7th-annual-educational-summit-long-game-impact-resilience-and>

Course Description

The Annual Educational Summit will provide attendees with positive insights, practical strategies, and tools to foster resilience and develop a school culture that promotes wellbeing, increased engagement, and broader success. The keynote talk will focus on “Building Resilient Students From the Inside Out.” Break-out sessions will focus on educator and school staff development, bolstering resilience in school communities, and supporting youth mental health.

Learning Objectives

Upon completion of this activity, participants will be able to:

1. Recognize factors contributing to the mental health concerns of children and adolescents.
2. Gain increased knowledge of protective factors for mental health.
3. Identify key leverage points for developing resilience.
4. Gain familiarity and awareness of resources to promote wellbeing and resilience.
5. Acquire strategies to promote interdisciplinary collaboration for supporting youth, caregivers, and educators.

Target Audience

This activity is intended for School-based mental health providers, K-12 school staff, Educators, Psychologists, Social Workers, Physicians, Nurses, and Physician Assistants.

Keynote

JC Pohl, LMFT is President and CEO of TEEN TRUTH. He is an award-winning producer, nationally recognized speaker, and certified counselor. His work on resilience, school culture, and youth mental health has reached more than 11 million people. He has worked with more than 7,000 school districts on developing school culture, empowering student voices, and building resilience in school communities. He is also the developer of RISING UP, a social-emotional learning (SEL) curriculum designed to teach students how to build resilience in the face of adversity. His innovative work has been featured on a variety of news and multimedia outlets.

Faculty

Jennifer DelRey, PhD is a staff psychologist in the Division of Child and Adolescent Psychiatry at Newton-Wellesley Hospital. She serves as the Associate Director of The Resilience Project, which is a public health initiative to support youth mental health and wellbeing, and Director of the PATHS for Kids program, which provides psychological, neuropsychological, and psychoeducational testing and assessment for children and adolescents. Dr. DelRey is also a clinician for the PACT (Parenting at A Challenging Time) program within the Mass General Cancer Center at Newton-Wellesley Hospital, which supports parents who have received a cancer diagnosis.

Agenda

9:00am	Welcome and Opening Remarks Elizabeth Booma, MD
9:15	Keynote Address: “Building Resilience Students from The Inside Out” JC Pohl, LMFT
10:25	BREAK
10:35	Break-Out Session #1: “Building School Culture from The Inside Out” JC Pohl, LMFT
11:35	LUNCH & NETWORKING
12:35pm	Breakout Session #2: “Building Communities of Support: Systems-Based Considerations for Student, Educator, and School Community Development, Growth, and Wellbeing” Jennifer DelRey, PhD
1:35	Concluding Remarks Elizabeth Booma, MD
2:00pm	Adjourn