



Newton-Wellesley Hospital

# Stroke Patient Education



NEWTON-WELLESLEY  
HOSPITAL

**PARTNERS**  
IN CARE

JOHN H. DODD JR. AND WOMEN'S COSTA  
AND MASSACHUSETTS GENERAL HOSPITAL



## Newton-Wellesley Hospital Patient Information For Stroke or Transient Ischemic Attack (TIA)

Newton-Wellesley Hospital is committed to providing the best possible education and other services to patients recovering from a stroke/TIA, as well as those who are at risk for stroke/TIA. This discharge instruction packet will help you to understand the warning signs and symptoms of stroke/TIA. Also included here are specific preventative measures and services provided by NWH in the event a stroke/TIA has already occurred.

Recovery from a stroke/TIA can be a difficult process. The **Stroke Clinic** at Newton-Wellesley Hospital provides comprehensive services which can make this transition easier.

- **Who is eligible?**
  - The NWH Stroke Clinic is offered to patients who have had a stroke or TIA and were admitted to NWH for their evaluation.
- **Location:**
  - The Stroke Clinic is located in the Cardiovascular Rehabilitation Department on 2-West.
- **Availability:**
  - The Stroke Clinic meets once a month on Fridays from 8am -12 noon. It is traditionally the 4<sup>th</sup> Friday of the month but this is subject to change depending on holidays.
- **Appointments:**
  - Please call 617-243-6800.
  - Prior to your appointment, please register at: 617-243-6122.
  - If your insurance requires a referral, please call for one prior to your appointment.

The American Heart Association provides Stroke/TIA information, freely. You will find this information attached and on the AHA website at [www.americanheart.org](http://www.americanheart.org).

- [Let's Talk About Stroke, TIA and Warning Signs](#)
- [Let's Talk About a Stroke Diagnosis](#)
- [Let's Talk About Risk Factors for Stroke](#)
- [Let's Talk About Lifestyle Changes To Prevent Stroke](#)

If you have any questions regarding your condition or medications prior to your appointment with the NWH Stroke Clinic, please contact your primary care provider.

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