

## Preoperative Education Classes Total Knee Class

The Jim & Ellen Kaplan Center for Joint Reconstruction Surgery offers preoperative education classes for patients considering surgery. The classes provide an overview of the experience – from preoperative planning to the patient’s return home. Patients and a family member or friend are strongly encouraged to attend. The classes provide more information and the opportunity to ask questions and talk to the instructors about concerns.

**You can also view our educational patient guide book, which provides an overview of total knee surgery including pre- and post-operative information, on our website at [www.nwh.org/jointcenter](http://www.nwh.org/jointcenter)**

To register for the class, call 617-243-5597 or email [nhiltz1@partners.org](mailto:nhiltz1@partners.org)  
*(In the event of inclement weather please call 617-243-5597 to see if the class will be held.)*

Classes are held in the 6 East Conference Room. (Signs will be posted at the Hospital entrances if the location changes.)

### Directions to 6 East

Enter the Hospital through the East Entrance. You will see the main desk in the Wikstrom Surgical Lobby. Go to the right of the desk and follow the hallway straight back. At the end of the hallway on the left, you will see the East Elevators. Take the elevator to 6E and check in at the desk.

### Knee classes are held on;

Thursday Class                      12:00pm - 2:00 pm  
**\*Thursday Eve Class**            5:00pm - 7:00 pm    **\*This is held once a month**  
 Saturday Class                      12:30 pm – 2:00 pm.

### See dates below.

January	February	March
Thursday January 3rd	Thursday February 7th	Thursday March 14th
Thursday January 17th	Thursday February 21st	Thursday March 21 <sup>st</sup>
Thursday January 24th	<b><u>Thursday Eve February 21st</u></b>	<b><u>*Thursday Eve March 21st</u></b>
<b>*Thursday Eve January 24<sup>th</sup></b>	Thursday February 28th	Thursday March 28th
Thursday January 31st		
<b>Saturday January 26th</b>	<b>Saturday February 16th</b>	<b>Saturday March 23rd</b>

### Please note:

***Classes are now on Thursday***

***On rare occasions class schedule, may change, you are considered registered once you receive a confirmation call or email.***

Valet parking is available for \$9.00 at both the main entrance and surgical center entrance Monday through Friday from 8:00 am to 6:00 pm.



**NEWTON-WELLESLEY  
HOSPITAL**