



The growing crisis in youth mental health

How life-changing gifts will benefit children and teens in their time of need

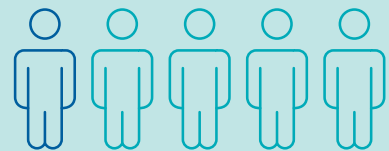
When you support the work of the Division of Child and Adolescent Psychiatry at Newton-Wellesley, you enable us to stand as an unparalleled resource for area families desperate to find care.

Expanding much needed services

More than 5,000 children and teens and their families turn to Newton-Wellesley each year to help them overcome mental health challenges. The pandemic has exacerbated a heartbreaking trend: escalating need in the face of diminished services. Mirroring the national data, demand keeps growing across our neighboring cities and towns. While other community hospitals in our region have reduced or even eliminated their pediatric psychiatry services, we have expanded our robust services to respond to the relentless demand for care.

The increasingly vital role of philanthropy

Since the division's launch in 2007, many loyal and generous donors have gratefully stepped up to support increased access to care. With the significant fiscal pressure facing hospitals today, philanthropy has never been more vital. Under-reimbursed programs like pediatric psychiatry remain among the most vulnerable of services. At NWH, insurance covers only 54 percent of the clinical cost to provide this potentially life-saving care to children and teens. In order to sustain and build on these services, your generosity will be critical.

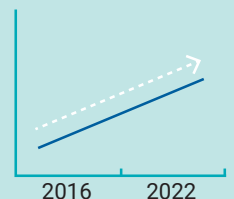


1 in 5 experience a mental health problem during childhood (NIMH)



75% of children with a psychiatric illness are currently not in treatment

125% increase in NWH Child & Adolescent Psychiatry visits from 2016-2022



3X

3x number of NWH pediatric emergency visits due to suicide attempts in past two years.

What your support makes possible

In partnership with generous donors like you, we seek to provide every patient and family with the expert, evidence-based, compassionate care they need. It starts with our dedicated team of psychiatrists, psychologists, nurse practitioners, and social workers. They evaluate the many aspects of a child's life to best understand their challenges and provide the most appropriate treatment possible. Given the pervasiveness of mental health issues, we embrace a multidimensional approach—from prevention and education to evaluation, treatment, and crisis management. Through the Resilience Project, our innovative community health initiative, we also offer a wide array of parent education programs and support to schools across our surrounding communities.

Our investment speaks volumes

Our investment in critical programs sends a clear message for families: we're here for you. As one example of our unparalleled commitment, we stand as the region's only community hospital



to offer pediatric psychiatry services in both an emergency department and outpatient setting. Our team continues to innovate to meet needs. Newer initiatives range from PATHS for Kids, offering psychoeducational testing and evaluation, to our Child Psychiatry Short-Stay Service (ChiPS) to outpatient urgent evaluation. Together, they speak volumes—and show the impact of philanthropy.

Select Funding Opportunities

Named Child and Adolescent Psychiatry Endowment Fund	\$100K+
Named Child and Adolescent Psychiatry Current-Use Fund	\$50K+
Resilience Project Endowment Gift	\$20K+
Child and Adolescent Psychiatry Gift	Any amount

The gift of lifelong health and wellness

Nationally, as many as **1 in 5 children and adolescents** experience a mental health problem during their childhood. Tragically, care often remains elusive. The good news: nearly all pediatric mental health illnesses are treatable, and most are curable. Access to early diagnosis

and treatment is critical. Getting the right care at the right time can lead to immediate relief and a trajectory of lifelong health and wellness. That is our hope. Investing in our caregivers, programs, and outreach efforts will help us make it a reality for thousands of children and families in need.

