

Welcoming Baby Gently



Welcome to Maternity at Newton-Wellesley Hospital.

We are honored to share your special
childbirth experience with you.

On the reverse side you will find some
basic information to answer common
questions and help make your stay as
comfortable as possible. Our staff is
happy to answer any other questions
you or your family may have.

**Thank you for choosing
Newton-Wellesley Hospital.**



**NEWTON-WELLESLEY
HOSPITAL**



FOUNDED BY BRIGHAM AND WOMEN'S HOSPITAL
AND MASSACHUSETTS GENERAL HOSPITAL

Recovery

After your baby is born, he/she will stay with you in the delivery room for about 2 hours. For safety reasons, skin-to-skin contact should only take place in the delivery area, where a nurse will be right there with you to help. If your infant needs extra care, our Special Care Nursery neonatologists are onsite to assist as needed. Nurses will help you with feeding your baby.

Quiet Time

A special quiet time is set aside for you and your baby each day from 2 to 4 p.m. We will respect your private time and limit interruptions. Visitors will be allowed only at your request during this period and will be escorted in by you or your support person.

Visiting Hours

Your support person can visit any time. Visiting hours for others are from 11 a.m. to 2 p.m. and 4 to 8 p.m. Children under supervision are welcome. Please make sure visitors wash their hands carefully. Anyone who is sick should not visit. Please note, we do not provide masks.

Feeding Support

Nurses and lactation consultants are available 7 days a week to support your feeding choices.

Baby's First Bath

Your baby will have a first bath after his/her body temperature is established, which is usually 6 to 12 hours after birth. It's your choice to have your baby's bath given at your bedside or in the nursery under a warmer.

Safety

All Maternity staff members will have a pink stripe on their hospital badges. Your baby will not be in the care of anyone other than those staff members or a parent at all times. When your baby is being returned to you after a separation, we will match the medical record numbers on his/her identification bands with yours each time. An electronic alarm device will be attached to your baby's ankle for extra security.



NEWTON-WELLESLEY
HOSPITAL