

While You Are Waiting

Please find some activities below that may help pass the time while you wait for your loved one. If you have any questions, please visit our Surgical Liaison or registration desk in the East Lobby.



Staying Connected

- **WiFi:** Please feel free to use our wireless network (phspiaquest) while you are at the hospital.
- **Charging stations:** Devices may be charged at any charging station in the East Lobby waiting room (near the televisions) and in the West Lobby waiting room.
- **NWH Liaisons** are here to take care of family and loved ones during and after a patient's surgery. They are located at the East Lobby and can be reached at: 617-243-5274.



Stretching Your Legs

- **Walk the hospital hallways:** As you leave the East Lobby turn left, heading straight down the hallway. Follow the main corridor to the end, passing Lab and Imaging. Then, turn right toward the West Lobby. Follow the hallway until you reach the lobby, turn right and head down the main corridor. Turn right down Shipley Way towards the East Lobby/Surgical Center. Each lap is about 500 steps!
- **Shipley Fitness Center:** You are invited to use our onsite fitness center during your wait. Please ask our staff at the East Lobby registration desk for a pass. To reach Shipley Fitness Center, exit the building through the East Lobby and turn right heading up the stairs with the Emergency Department on your right. The Ellison Building will be on your left. The Shipley Fitness Center is located in the rear of the Ellison Building, with the green awning.
- **Fresh air:** When you exit the East Lobby, a quiet place to sit in the gardens will be located to your left with picnic tables to your right. There is also a garden outside of the West Lobby.



Relaxing

- **Meditation (noon and 12:20 p.m.):** 20 minute meditation periods are offered in our Spiritual Care Center. Take the East Elevators to the second floor, take a left out of the elevator, turn right at the next corridor and the prayer room will be on your left. All are welcome. The Spiritual Care Center, a calming and quiet space, is open and available for use at all times.
- **Gift shop:** Browse our selection of books, magazines, gifts and flowers. From the East Lobby, take a right down Shipley Way, past the coffee stand. At the end of the hallway, turn left and the gift shop will be located down the hallway on your right.



Eat or Drink

Please respect our patients who are fasting in the East Lobby. There is no food or drink allowed in the East Lobby waiting area.

- **Charlie's On The Way:** Enjoy Starbucks-brewed refreshments, bakery items, salads, sandwiches or sushi. Charlie's is located just to the right of the East Lobby.
Hours: weekdays, 6 a.m. – midnight;
weekends, 4 p.m. – midnight
- **Cafeteria:** Enjoy breakfast, lunch or dinner from our salad bar, grill or sandwich station. Ride the West Elevators to the second floor, take a right, and then a quick left, then follow the hallway. The cafeteria is located further down the hallway on your left.
Hours: weekdays, 6:30 a.m. – 8 p.m.;
weekends: 6:30 a.m. – 6 p.m.



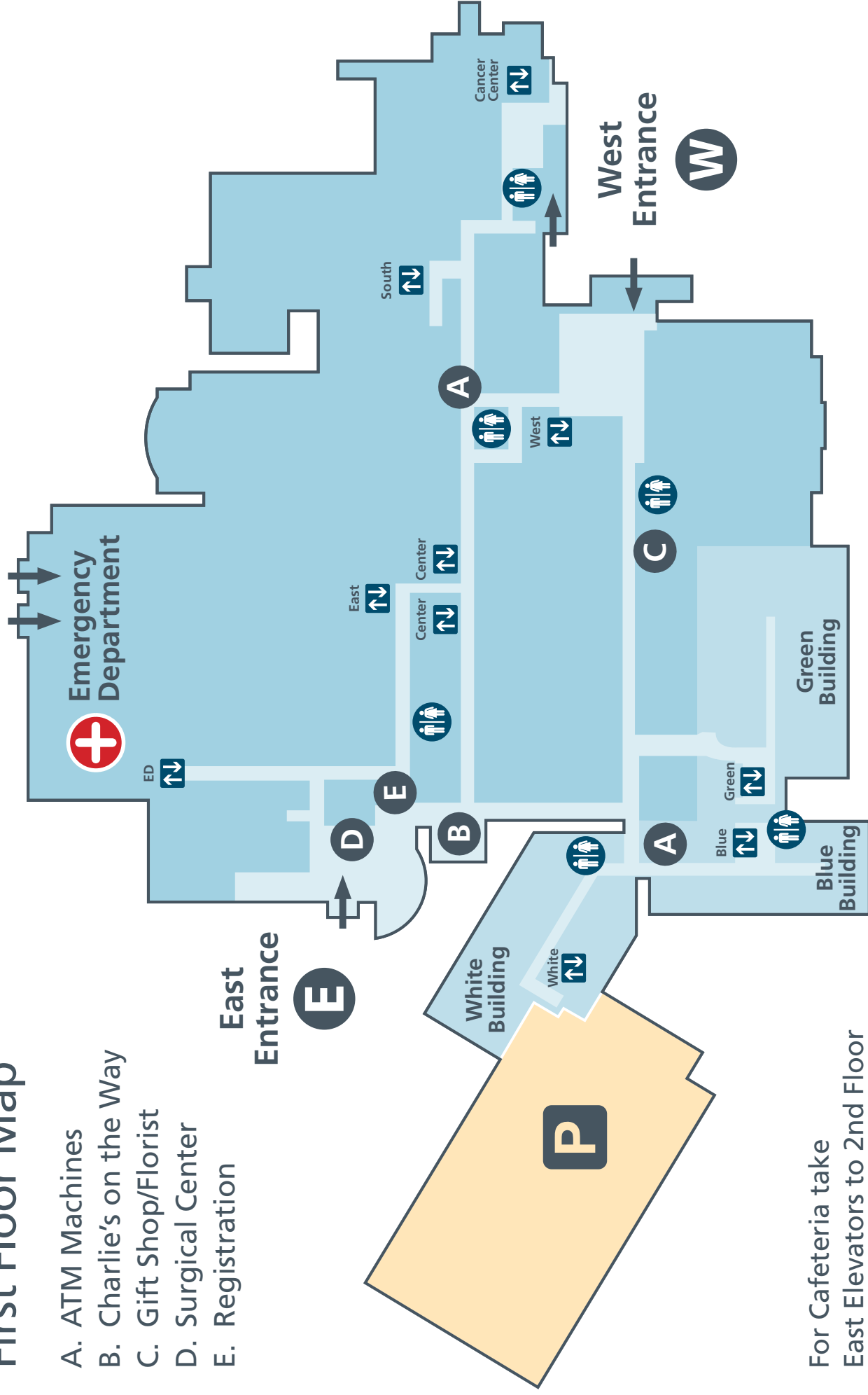
NEWTON-WELLESLEY
HOSPITAL



FOUNDED BY BRIGHAM AND WOMEN'S HOSPITAL
AND MASSACHUSETTS GENERAL HOSPITAL

Newton-Wellesley Hospital First Floor Map

- A. ATM Machines
- B. Charlie's on the Way
- C. Gift Shop/Florist
- D. Surgical Center
- E. Registration



For Cafeteria take
East Elevators to 2nd Floor

For Interfaith Chapel take
West Elevators to 2nd Floor

Washington Street/Route 16